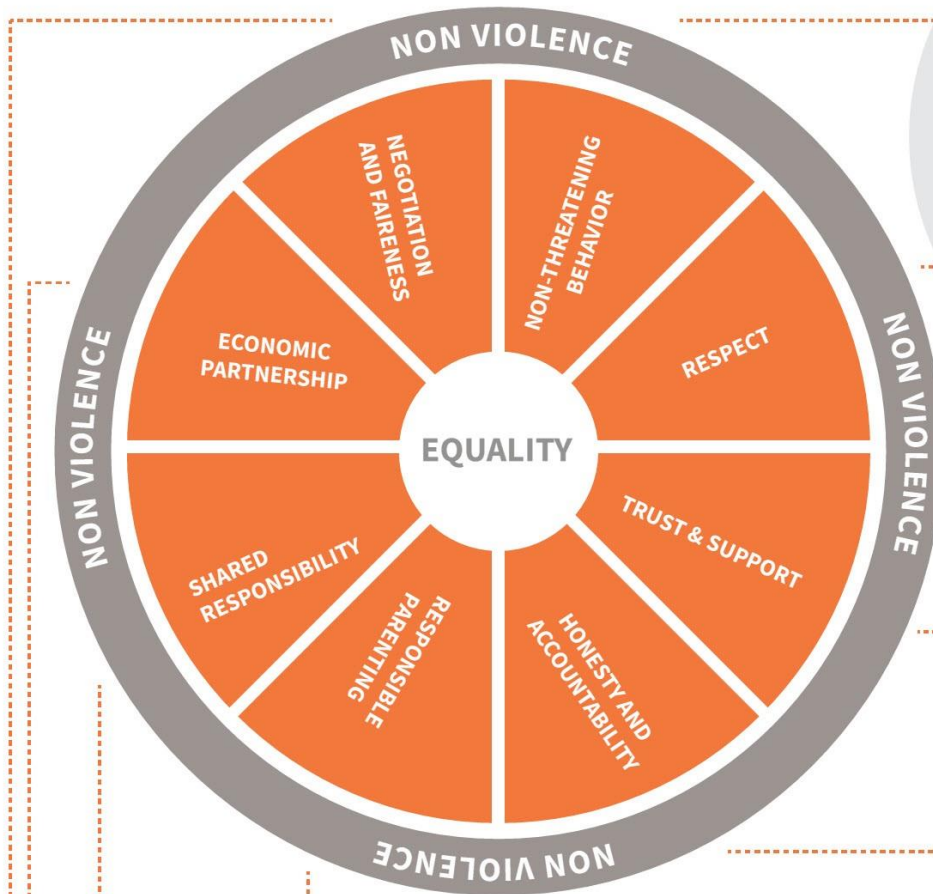


# HEALTHY RELATIONSHIP

Adapted from original wheel by Domestic Abuse Intervention Project  
202 E Superior St Duluth, MN 55802 | 218-722-2781 | theduluthmodel.org

**The Equality Wheel** is what a healthy relationship would look like, one based on respect, trust, and nonviolence. For instance, instead of using coercion and threats, a partner would resolve conflict or disagreement based on negotiation and fairness.



**NON-THREATENING BEHAVIOR**

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

**RESPECT**

Listening to her non-judgmentally · being emotionally affirming and understanding · valuing opinions.

**TRUST AND SUPPORT**

supporting her goals in life · respecting her right to her own feelings, friends, activities, and opinions.

**HONESTY AND ACCOUNTABILITY**

Accepting responsibility for self · acknowledging past use of violence · admitting being wrong · communicating openly and truthfully.

**ECONOMIC PARTNERSHIP**

Making money decisions together · making sure both partners benefit from financial arrangements.

**NEGOTIATION AND FAIRENESS**

Seeking mutually satisfying resolutions to conflict · accepting change · being willing to compromise.

**RESPONSIBLE PARENTING**

Sharing parenting responsibilities · being a positive non violence role model for the children.

**SHARED RESPONSIBILITY**

Mutually agreeing on a fair distribution of work · making family decisions together.